

2012 California Teen Eating, Exercise and Nutrition Survey (CalTEENS)

Table 35: Days in the Past Week Reporting an Hour or More of Physical Activity among California Adolescents (N=1,137)

Add up all the time you spend in physical activity each day (don't include your physical education or gym class). Over the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day?

	Number of Days Adolescent Reported 60 Minutes or More of Physical Activity in the Past Week, Percent of Adolescents			
	0-1	2-3	4-5	6-7
Total	12.0	25.7	36.9	25.4
Gender				
Male	7.9	23.2	38.0	30.8
Female	16.2	28.4	35.7	19.8
Ethnicity				
White	9.2	21.9	31.0	37.9
African American	8.7	31.4	42.7	17.2
Latino	12.5	28.3	40.9	18.4
Asian/Other	16.9	22.5	33.0	27.5
Gender by Age				
Male				
12-13	6.9	22.8	50.7	19.6
14-15	7.2	18.8	36.6	37.4
16-17	9.7	28.3	26.4	35.6
Female				
12-13	16.1	26.0	33.3	24.7
14-15	12.2	33.0	37.6	17.1
16-17	20.6	25.6	35.9	17.9
Income				
<\$15,000	7.5	29.2	37.2	26.1
\$15,000 - \$24,999	14.3	27.3	39.3	19.1
\$25,000 - \$34,999	8.7	29.3	44.8	17.1
\$35,000 - \$49,999	15.1	19.1	44.5	21.3
\$50,000 - \$74,999	10.9	16.4	46.2	26.5
> \$75,000	13.2	31.4	24.7	30.7
CalFresh Status, % FPL¹				
Participant	9.6	25.3	43.6	21.6
Likely Eligible < 130%	12.0	24.8	39.5	23.7
Not Eligible > 185%	13.9	25.6	31.4	29.0
Physical Activity Status				
Regular	0.0	20.3	47.2	32.5
Irregular	54.9	45.1	0.0	0.0
Overweight Status				
Not Overweight	13.0	23.8	36.7	26.5
Overweight/Obese	9.8	29.8	38.2	22.2

¹Survey respondents between 130-185% FPL omitted from analysis due to insufficient sample size.

A box around a group of numbers signifies that differences observed within this group are statistically significant.

Some numbers may not add to total due to rounding. Numbers were rounded to the nearest tenth of a serving.

Chi Square Test: * p<.05, ** p<.01, *** p<.001

2012 California Teen Eating, Exercise and Nutrition Survey (CalTEENS)

Table 36: Proportion of California Adolescents Reporting One Hour or More of Physical Activity, Exercise or Sport on the Previous Day (N=1,136)

Yesterday, about how many minutes were you physically active doing moderate or vigorous activities such as basketball, dancing, soccer, or brisk walking?

	One Hour or More of Moderate or Vigorous Physical Activity Yesterday, Percent of Adolescents ¹	Mean Minutes of Moderate and Vigorous Physical Activity Yesterday ²
Total	49.3	65.8
Gender		
Male	52.8 *	69.3
Female	45.6	62.1
Ethnicity		
White	55.2 ***	79.3 ^a ***
African American	55.6	72.8 ^{ab}
Latino	42.3	56.3 ^b
Asian/Other	58.2	67.9 ^{ab}
Gender by Age		
Male		
12-13	52.3	64.1
14-15	52.1	74.2
16-17	54.0	69.6
Female		
12-13	44.3	61.5
14-15	46.3	66.1
16-17	46.2	58.3
Income		
<\$15,000	44.5	65.1 ^{ab} **
\$15,000 - \$24,999	46.5	59.6 ^{ab}
\$25,000 - \$34,999	58.7	75.7 ^{ab}
\$35,000 - \$49,999	45.2	53.5 ^a
\$50,000 - \$74,999	44.5	54.1 ^a
> \$75,000	49.8	75.3 ^b
CalFresh Status, % FPL³		
Participant	49.4	66.5
Likely Eligible < 130%	48.4	62.8
Not Eligible > 185%	51.8	70.1
Physical Activity Status		
Regular	58.3 ***	76.0 ***
Irregular	17.7	29.6
Overweight Status		
Not Overweight	51.9 *	68.4
Overweight/Obese	43.0	60.3

¹Chi Square Test

²ANOVA

³Survey respondents between 130-185% FPL omitted from analysis due to insufficient sample size.

A box around a group of numbers signifies that differences observed within this group are statistically significant.

* p<.05, ** p<.01, *** p<.001

2012 California Teen Eating, Exercise and Nutrition Survey (CalTEENS)

Table 37: Days in the Past Week Reporting Muscle-Strengthening Exercise among California Adolescents (N=1,142)

On how many of the past 7 days did you do exercises to strengthen or tone your muscles, such as push-ups, sit-ups, or weight lifting?

	Number of Days Adolescent Reported Muscle Strengthening Exercise in the Past Week,		
	Percent of Adolescents		
	0-1	2-3	4+
Total	30.7	28.1	41.2
Gender			
Male	21.6	26.9	51.5
Female	40.3	29.3	30.4
Ethnicity			
White	31.3	26.7	42.0
African American	35.7	33.2	31.1
Latino	28.0	32.1	39.9
Asian/Other	36.0	16.0	48.0
Gender by Age			
Male			
12-13	27.0	23.1	49.9
14-15	17.0	28.1	55.0
16-17	20.7	29.7	49.6
Female			
12-13	37.7	32.3	30.0
14-15	33.2	36.0	30.8
16-17	50.6	18.9	30.4
Income			
<\$15,000	26.4	33.8	39.8
\$15,000 - \$24,999	28.2	24.1	47.7
\$25,000 - \$34,999	23.6	47.2	29.2
\$35,000 - \$49,999	40.5	19.0	40.5
\$50,000 - \$74,999	22.0	29.4	48.6
> \$75,000	38.4	28.4	33.2
CalFresh Status, % FPL¹			
Participant	22.1	34.9	43.1
Likely Eligible < 130%	32.1	24.7	43.2
Not Eligible > 185%	34.6	25.2	40.2
Physical Activity Status			
Regular	24.1	26.4	49.5
Irregular	53.9	34.0	12.1
Overweight Status			
Not Overweight	33.4	27.5	39.2
Overweight/Obese	24.0	29.4	46.6

¹Survey respondents between 130-185% FPL omitted from analysis due to insufficient sample size.

A box around a group of numbers signifies that differences observed within this group are statistically significant.

Some numbers may not add to total due to rounding Numbers were rounded to the nearest tenth of a serving.

Chi Square Test: * p<.05, ** p<.01, *** p<.001

2012 California Teen Eating, Exercise and Nutrition Survey (CalTEENS)

Table 38: Distribution of California Adolescents' Perceived Duration of Moderate and Vigorous Physical Activity Needed for Maintaining Good Health (N=1,120)

About how many minutes do you think you should exercise or be physically active each day for good health? This includes all activities like bicycling, dancing, and playing basketball that you do at school, at home, and anywhere else you get exercise.

	Minutes of Physical Activity Believed Needed, Percent of Adolescents		
	0 to 29 minutes	30 to 59 minutes	60+ minutes
Total	5.3	21.8	72.9
Gender			
Male	4.7	16.4	78.9
Female	5.9	27.2	66.8
Ethnicity			
White	4.4	17.1	78.4
African American	8.4	28.0	63.6
Latino	6.1	25.2	68.7
Asian/Other	3.4	17.4	79.2
Gender by Age			
Male			
12-13	4.6	16.1	79.3
14-15	2.6	12.7	84.8
16-17	7.1	20.6	72.2
Female			
12-13	8.9	23.9	67.1
14-15	4.2	28.6	67.2
16-17	5.1	28.9	66.1
Income			
<\$15,000	10.1	20.5	69.3
\$15,000 - \$24,999	6.8	27.7	65.5
\$25,000 - \$34,999	4.7	22.4	72.9
\$35,000 - \$49,999	3.7	26.9	69.4
\$50,000 - \$74,999	7.0	17.8	75.2
> \$75,000	3.2	18.7	78.1
CalFresh Status, % FPL¹			
Participant	6.5	23.4	70.1
Likely Eligible < 130%	7.0	24.3	68.8
Not Eligible > 185%	3.1	18.7	78.2
Physical Activity Status			
Regular	5.6	19.1	75.3
Irregular	4.3	31.2	64.6
Overweight Status			
Not Overweight	4.5	20.1	75.4
Overweight/Obese	6.9	24.3	68.8

¹Survey respondents between 130-185% FPL omitted from analysis due to insufficient sample size.

A box around a group of numbers signifies that differences observed within this group are statistically significant. Some numbers may not add to total due to rounding. Numbers were rounded to the nearest tenth of a serving.

Chi Square Test: * p<.05, ** p<.01, *** p<.001

2012 California Teen Eating, Exercise and Nutrition Survey (CalTEENS)

Table 39: Participation in School Physical Education and Organized Sports among California Adolescents

Do you currently take physical education class in school?

How many times a week do you have physical education class in school?

How many minutes did you spend in physical education class?

Other than physical education class, are you currently involved in any team or individual sports or activities, such as school team sports, intramural sports, or

	Percent of Adolescents			
	Taking Physical Education in School ¹ (N=1,100)	Involved in Organized Sports ¹ (N=1,143)	Reported Days of Physical Education per Week ^{2,3} (N=828)	Reported Minutes of Physical Education per Class ^{2,3} (N=823)
Total	73.5	67.1	4.3	45.3
Gender				
Male	79.4 ***	65.4	4.3	47.2 **
Female	67.5	68.9	4.2	42.9
Ethnicity				
White	66.6 **	73.0 ***	4.3 ^{ab} **	45.7
African American	79.5	89.7	4.7 ^a	41.3
Latino	77.1	60.8	4.3 ^b	46.3
Asian/Other	72.0	67.0	4.1 ^b	42.9
Gender by Age				
Male				
12-13	91.4 ***	66.7	4.2	40.6 ^a ***
14-15	85.1	67.1	4.4	47.5 ^b
16-17	61.0	62.5	4.2	56.9 ^c
Female				
12-13	88.7 ***	72.9	4.2	39.2 ^a ***
14-15	75.5	68.5	4.2	41.6 ^a
16-17	38.0	65.4	4.4	54.3 ^b
Income				
<\$15,000	75.5 ***	61.0 **	4.3 ^{ab} **	44.5 ^{abc} ***
\$15,000 - \$24,999	80.1	60.7	4.4 ^a	43.9 ^{ab}
\$25,000 - \$34,999	86.8	60.7	4.5 ^a	51.4 ^{ab}
\$35,000 - \$49,999	79.7	59.6	4.2 ^{ab}	51.5 ^b
\$50,000 - \$74,999	79.0	68.9	4.2 ^{ab}	49.2 ^{abc}
> \$75,000	64.3	73.7	4.1 ^b	42.0 ^c
CalFresh Status, % FPL⁴				
Participant	80.7 ***	62.9 ***	4.4 ^a ***	44.4
Likely Eligible < 130%	78.6	62.3	4.4 ^a	45.7
Not Eligible > 185%	65.1	74.0	4.1 ^b	44.2
Physical Activity Status				
Regular	78.1 ***	71.9 ***	4.3	45.9 *
Irregular	57.2	50.2	4.2	42.1
Overweight Status				
Not Overweight	71.1 *	70.5 **	4.2 *	45.0
Overweight/Obese	77.9	60.7	4.4	46.7

¹Chi Square Test

²ANOVA

³Of those taking Physical Education

⁴Survey respondents between 130-185% FPL omitted from analysis due to insufficient sample size.

A box around a group of numbers signifies that differences observed within this group are statistically significant.

Categories sharing a common superscript (a,b,c) are not statistically different from each other.

* p<.05, ** p<.01, *** p<.001

2012 California Teen Eating, Exercise and Nutrition Survey (CalTEENS)

Table 39a: Percent of Adolescents Participating in Physical Education Classes Daily (N=1,143)

Do you currently take physical education class in school?

How many times a week do you have physical education class in school?

	Take Physical Education Daily, Percent of Adolescents	
	Out of all Adolescents (N=1,100)	Out of those Enrolled in Physical Education (N=828)
Total	46.2	62.9
Gender		
Male	49.9	62.9
Female	42.4	62.9
Ethnicity		
White	42.0	63.2 *
African American	63.0	79.3
Latino	48.2	62.5
Asian/Other	40.5	56.3
Gender by Age		
Male		
12-13	58.5	64.2
14-15	57.0	67.0
16-17	33.3	54.6
Female		
12-13	52.8	59.7
14-15	47.1	62.4
16-17	27.1	71.3
Income		
<\$15,000	49.9	66.3 **
\$15,000 - \$24,999	58.4	72.9
\$25,000 - \$34,999	64.1	74.1
\$35,000 - \$49,999	45.9	57.6
\$50,000 - \$74,999	48.0	60.7
> \$75,000	35.0	54.5
CalFresh Status, % FPL¹		
Participant	57.9	71.9 ***
Likely Eligible < 130%	54.3	69.1
Not Eligible > 185%	33.8	51.9
Physical Activity Status		
Regular	49.7	63.7
Irregular	33.7	59.2
Overweight Status		
Not Overweight	43.0	60.5 **
Overweight/Obese	56.6	72.6

¹Survey respondents between 130-185% FPL omitted from analysis due to insufficient sample size.

A box around a group of numbers signifies that differences observed within this group are statistically significant
Some numbers may not add to total due to rounding Numbers were rounded to the nearest tenth of a serving.

Chi Square Test: * p<.05, ** p<.01, *** p<.001

2012 California Teen Eating, Exercise and Nutrition Survey (CalTEENS)

Table 40: Amount of Time Spent Watching Television and using Computers among California Adolescents

On an average school day, how many minutes or hours did you watch television or videos or play video games?

On an average school day, how many minutes or hours do you play computer games or use a computer for something that is not school work? Do not include time spent on the computer at school.

	Mean Minutes Spent Watching TV/Playing Video Games (N=1,110)	Mean Minutes Spent on Computer for Non-School Work (N=1,108)	Mean Minutes Spent Doing Homework on the Computer (N=1,140)
Total	106.8	76.3	59.3
Gender			
Male	108.8	80.0	52.5 ***
Female	104.8	72.3	66.3
Ethnicity			
White	73.1 ^b ***	71.0 ^{ab} *	60.5
African American	179.3 ^c	56.8 ^a	62.7
Latino	117.4 ^a	77.6 ^{ab}	56.5
Asian/Other	107.9 ^a	89.7 ^b	64.3
Gender by Age			
Male			
12-13	107.4	74.5	41.3 ^a ***
14-15	112.6	79.0	52.4 ^{ab}
16-17	106.2	86.7	64.3 ^b
Female			
12-13	94.8	47.0 ^a ***	45.9 ^a ***
14-15	102.6	82.3 ^b	64.9 ^b
16-17	116.9	85.8 ^b	87.6 ^c
Income			
<\$15,000	132.0 ^{ab} ***	77.0	59.5
\$15,000 - \$24,999	111.0 ^b	77.2	49.9
\$25,000 - \$34,999	107.8 ^{bc}	79.3	54.3
\$35,000 - \$49,999	150.5 ^a	100.3	61.7
\$50,000 - \$74,999	101.8 ^{bc}	85.4	67.5
> \$75,000	80.0 ^c	69.6	58.4
CalFresh Status, % FPL¹			
Participant	111.0 ^a ***	71.2	56.7 ^{ab} **
Likely Eligible < 130%	129.3 ^a	80.7	50.2 ^a
Not Eligible > 185%	85.7 ^b	71.0	64.8 ^b
Physical Activity Status			
Regular	109.4	70.8 ***	59.4
Irregular	97.9	95.6	58.7
Overweight Status			
Not Overweight	101.0 ***	71.7 **	59.1
Overweight/Obese	128.4	89.8	63.6

¹Survey respondents between 130-185% FPL omitted from analysis due to insufficient sample size.

A box around a group of numbers signifies that differences observed within this group are statistically significant.

Categories sharing a common superscript (a,b,c) are not statistically different from each other

(Tukeys test at a procedure-wise error rate=.05).

ANOVA: * p<.05, ** p<.01, *** p<.001

2012 California Teen Eating, Exercise and Nutrition Survey (CalTEENS)

Table 40a: Proportion of California Adolescents Meeting Healthy People 2012 Television Viewing Recommendation (N=1,110)

Yesterday, how many minutes or hours did you watch television or videos or play video or computer games that were for fun?

	Met Healthy People 2010 Recommendation for 2 hours or Less TV Watching on a School Day, Percent of Adolescents	
Total	74.8	
Gender		
Male	71.0	**
Female	78.7	
Ethnicity		
White	85.8	***
African American	44.0	
Latino	74.1	
Asian/Other	68.4	
Gender by Age		
Male		
12-13	67.0	
14-15	72.8	
16-17	73.4	
Female		
12-13	76.8	
14-15	81.4	
16-17	77.5	
Income		
<\$15,000	69.8	***
\$15,000 - \$24,999	74.4	
\$25,000 - \$34,999	74.0	
\$35,000 - \$49,999	59.5	
\$50,000 - \$74,999	82.1	
> \$75,000	82.2	
CalFresh Status, % FPL¹		
Participant	74.0	**
Likely Eligible < 130%	68.8	
Not Eligible > 185%	80.0	
Physical Activity Status		
Regular	74.2	
Irregular	76.6	
Overweight Status		
Not Overweight	77.5	***
Overweight/Obese	65.6	

¹Survey respondents between 130-185% FPL omitted from analysis due to insufficient sample size.

A box around a group of numbers signifies that differences observed within this group are statistically significant. Some numbers may not add to total due to rounding. Numbers were rounded to the nearest tenth of a serving. Chi Square Test: * p<.05, ** p<.01, *** p<.001

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2012 California Teen Eating, Exercise and Nutrition Survey (CalTEENS)

Table 40b: Prevalence of California Adolescents Having Televisions in Their Bedrooms (N=1,143)

Do you have a television set in your bedroom?

	Have a Television in Bedroom, Percent of Adolescents	
Total	51.5	
Gender		
Male	54.7	*
Female	48.1	
Ethnicity		
White	29.4	***
African American	68.9	
Latino	65.0	
Asian/Other	43.1	
Gender by Age		
Male		
12-13	53.5	
14-15	55.0	
16-17	55.7	
Female		
12-13	45.8	
14-15	46.3	
16-17	52.1	
Income		
<\$15,000	65.1	***
\$15,000 - \$24,999	70.1	
\$25,000 - \$34,999	69.4	
\$35,000 - \$49,999	52.6	
\$50,000 - \$74,999	58.2	
> \$75,000	30.7	
CalFresh Status, % FPL		
Participant	63.6	***
Likely Eligible < 130%	63.0	
Not Eligible > 185%	33.3	
Physical Activity Status		
Regular	52.9	
Irregular	46.5	
Overweight Status		
Not Overweight	46.0	***
Overweight/Obese	60.7	

*Survey respondents between 130-185% FPL omitted from analysis due to insufficient sample size.

A box around a group of numbers signifies that differences observed within this group are statistically significant.

Some numbers may not add to total due to rounding. Numbers were rounded to the nearest tenth of a serving.

Chi Square Test: * p<.05, ** p<.01, *** p<.001

2012 California Teen Eating, Exercise and Nutrition Survey (CalTEENS)

Table 40d: Parental Limits on Screen Time Among California Adolescents (N=1,141)

On school days, do your parents or adults you live with limit how much time you spend watching television or videos, playing video or computer games, or being on the computer that is not for school work?

	Parents Limit Non-Academic Screen Time on School Days, Percent of Adolescents	
Total	60.6	
Gender		
Male	64.5	**
Female	56.6	
Ethnicity		
White	58.9	
African American	57.4	
Latino	64.0	
Asian/Other	54.6	
Gender by Age		
Male		
12-13	74.8	***
14-15	66.3	
16-17	52.0	
Female		
12-13	69.4	***
14-15	55.9	
16-17	45.0	
Income		
<\$15,000	61.9	
\$15,000 - \$24,999	65.8	
\$25,000 - \$34,999	68.9	
\$35,000 - \$49,999	51.7	
\$50,000 - \$74,999	63.6	
> \$75,000	60.1	
CalFresh Status, % FPL¹		
Participant	63.0	**
Likely Eligible < 130%	66.9	
Not Eligible > 185%	55.5	
Physical Activity Status		
Regular	60.5	
Irregular	61.2	
Overweight Status		
Not Overweight	58.9	
Overweight/Obese	62.7	

¹Survey respondents between 130-185% FPL omitted from analysis due to insufficient sample size.

A box around a group of numbers signifies that differences observed within this group are statistically significant.

Some numbers may not add to total due to rounding Numbers were rounded to the nearest tenth of a serving.

Chi Square Test: * p<.05, ** p<.01, *** p<.001

2012 California Teen Eating, Exercise and Nutrition Survey (CalTEENS)

Table 42: Barriers to Getting More Physical Activity among California Adolescents (N=903)

What is the main reason you don't get more exercise or physical activity?

	Barriers to Getting More Physical Activity, Percent of Adolescents					
	No Time	Too Tired	Homework	Lazy	Too Busy	Other ¹
Total	27.4	6.3	15.5	12.9	7.4	30.7
Gender						
Male	28.9	8.0	12.4	12.8	5.6	32.2
Female	25.9	4.7	18.4	12.9	9.0	29.2
Ethnicity						
White	27.7	7.5	22.8	6.7	11.7	23.5
African American	20.3	2.0	6.6	7.2	22.1	41.7
Latino	25.0	7.2	12.5	15.1	4.5	35.7
Asian/Other	38.3	2.6	16.8	18.9	2.6	20.8
Gender by Age						
Male						
12-13	40.9	9.7	11.6	7.8	4.1	25.9
14-15	16.3	9.5	15.6	15.9	5.8	36.9
16-17	26.4	4.5	10.1	16.0	7.4	35.6
Female						
12-13	26.6	6.4	16.4	10.6	7.9	32.1
14-15	24.9	1.6	25.0	15.0	7.2	26.3
16-17	26.4	6.5	12.8	12.6	11.9	29.9
Income						
<\$15,000	22.1	5.5	13.1	20.8	6.7	31.8
\$15,000 - \$24,999	20.7	12.7	8.6	10.4	6.3	41.4
\$25,000 - \$34,999	48.2	3.0	5.9	11.9	7.1	23.9
\$35,000 - \$49,999	20.1	9.8	9.5	25.8	5.9	28.8
\$50,000 - \$74,999	28.8	1.5	12.7	10.4	1.9	44.7
> \$75,000	25.4	4.7	28.5	5.7	12.7	23.1
CalFresh Status, % FPL²						
Participant	30.3	9.9	8.8	17.6	6.7	26.8
Likely Eligible < 130%	26.4	6.5	10.9	13.3	5.0	37.9
Not Eligible > 185%	29.6	3.3	23.4	9.0	9.6	25.2
Physical Activity Status						
Regular	30.4	6.4	16.6	10.9	7.6	28.2
Irregular	19.3	5.9	12.5	18.2	6.9	37.2
Overweight Status						
Not Overweight	27.9	5.6	15.1	13.6	8.5	29.2
Overweight/Obese	26.1	7.0	14.8	12.4	4.7	35.1

¹Other includes the following responses: don't think about it, too expensive, don't want to get sick from eating too much, not important, don't want to gain weight, too much sugar, allergic, and poor quality.

²Survey respondents between 130-185% FPL omitted from analysis due to insufficient sample size.

A box around a group of numbers signifies that differences observed within this group are statistically significant.

Some numbers may not add to 100 percent due to rounding.

Chi Square Test: * p<.05, ** p<.01, *** p<.001

2012 California Teen Eating, Exercise and Nutrition Survey (CalTEENS)

Table 44: Cross Tabulation of Time Spent in Physical Activity by California Adolescents with Belief About How Much Physical Activity is Needed (N=1,120)

About how many minutes do you think you should exercise or be physically active each day for good health?
 What type of physical activity, exercise or sport did you spend the most time doing yesterday?
 For how many minutes or hours did you do this activity?

Minutes Thought Were Needed	Believed Amount Needed, Percent of Adolescents	Time in Minutes Spent in Physical Activity, Percent of Adolescents		
		Less than 30	30-59	60+
Less than 30	5.3	42.5	8.1	49.4
30-59	21.8	35.9	32.0	32.1
60+	72.9	23.1	21.5	55.4

A box around a group of numbers signifies that differences observed within this group are statistically significant.
 Some numbers may not add to total due to rounding Numbers were rounded to the nearest tenth of a serving.
 Chi Square Test: * p<.05, ** p<.01, *** p<.001

2012 California Teen Eating, Exercise and Nutrition Survey (CalTEENS)

Table 111a: Days in the Last 7 Days California Adolescents Were Active on School Grounds in an After School Program (N=1,101)

Next I would like to ask you about the kinds of places you might be physically active. In the past 7 days, how many days did you participate in physical activity or sports on school grounds during after school care?

	Days in Last 7 Days Teens Were Active in an After School Program, Percent of Adolescents			
	0.0	1-2	3-4	5+
Total	62.8	9.1	12.1	16.0
Gender				
Male	59.9	9.6	14.0	16.5
Female	65.7	8.7	10.2	15.4
Ethnicity				
White	69.3	5.8	11.2	13.7
African American	49.0	15.1	15.7	20.3
Latino	61.4	10.6	12.3	15.6
Asian/Other	60.6	8.1	12.0	19.3
Gender by Age				
Male				
12-13	60.6	8.4	13.0	18.0
14-15	59.9	8.6	13.1	18.5
16-17	59.2	11.9	16.1	12.8
Female				
12-13	54.1	11.6	14.6	19.7
14-15	63.4	8.8	11.6	16.3
16-17	79.5	5.7	4.5	10.3
Income				
<\$15,000	59.4	13.4	9.7	17.5
\$15,000 - \$24,999	59.9	7.5	18.2	14.5
\$25,000 - \$34,999	51.8	7.9	16.0	24.3
\$35,000 - \$49,999	68.2	11.0	7.2	13.7
\$50,000 - \$74,999	60.4	15.1	10.4	14.1
> \$75,000	63.3	7.8	13.4	15.5
CalFresh Status, % FPL¹				
Participant	50.4	16.4	10.5	22.7
Likely Eligible < 130%	63.8	9.1	14.4	12.7
Not Eligible > 185%	68.5	5.9	10.7	15.0
Physical Activity Status				
Regular	57.8	9.3	13.5	19.4
Irregular	80.1	8.6	7.5	3.8
Overweight Status				
Not Overweight	62.9	9.8	11.7	15.6
Overweight/Obese	59.4	8.0	14.2	18.4

¹Survey respondents between 130-185% FPL omitted from analysis due to insufficient sample size.

A box around a group of numbers signifies that differences observed within this group are statistically significant.

Some numbers may not add to total due to rounding Numbers were rounded to the nearest tenth of a serving.

Chi Square Test: * p<.05, ** p<.01, *** p<.001

2012 California Teen Eating, Exercise and Nutrition Survey (CalTEENS)

Table 111b: Days in the Last 7 Days California Adolescents Were Active on School Grounds Outside of After School Programs (N=1,100)

In the past 7 days, how many days did you participate in physical activity or sports on school grounds after school? Was that part of the after school care you just told me about?

	Days in Last 7 Days Teens Were Active on School Grounds Outside of After School Programs, Percent of Adolescents			
	0.0	1-2	3-4	5+
Total	58.8	13.7	13.3	14.2
Gender				
Male	55.4	14.4	15.0	15.2
Female	62.2	12.9	11.6	13.3
Ethnicity				
White	64.6	9.8	11.6	14.0
African American	40.8	17.8	26.3	15.1
Latino	58.6	13.7	13.3	14.5
Asian/Other	56.4	19.2	10.9	13.5
Gender by Age				
Male				
12-13	50.2	22.1	11.9	15.8
14-15	59.6	8.9	16.8	14.7
16-17	56.1	12.8	16.1	15.0
Female				
12-13	50.9	11.2	17.1	20.8
14-15	60.1	18.6	11.3	10.0
16-17	75.6	8.2	6.5	9.6
Income				
<\$15,000	57.7	10.1	14.3	17.9
\$15,000 - \$24,999	57.9	15.7	9.4	17.0
\$25,000 - \$34,999	42.5	25.4	8.8	23.3
\$35,000 - \$49,999	57.7	11.1	13.7	17.4
\$50,000 - \$74,999	51.1	18.6	22.0	8.2
> \$75,000	60.3	14.9	13.0	11.8
CalFresh Status, % FPL¹				
Participant	46.6	19.5	10.8	23.1
Likely Eligible < 130%	59.0	12.4	12.5	16.1
Not Eligible > 185%	64.0	12.4	14.7	8.9
Physical Activity Status				
Regular	54.1	14.1	16.0	15.8
Irregular	75.4	12.2	3.8	8.7
Overweight Status				
Not Overweight	59.9	13.9	14.0	12.3
Overweight/Obese	60.0	8.7	12.3	19.1

¹Survey respondents between 130-185% FPL omitted from analysis due to insufficient sample size.

A box around a group of numbers signifies that differences observed within this group are statistically significant.

Some numbers may not add to total due to rounding Numbers were rounded to the nearest tenth of a serving.

Chi Square Test: * p<.05, ** p<.01, *** p<.001